



**BECCLES
FREE SCHOOL**

"Providing a foundation for life"

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Dear Parents/Carers

Wednesday Afternoon Enrichment – Year 9 and 10

At Beccles Free School enrichment provides a more rounded learning experience beyond the traditional curriculum and allows opportunities to further spark students' interests, discover their talents and develop a love of learning for life.

I am writing to outline the programme of enrichment for Wednesday afternoons. Year 9 and 10 will select from a list of activities. All the enrichment activities have been selected as they have a meaningful outcome and a purpose to them, many of them leading to qualifications. These enrichment activities will all last for the whole academic year.

Students will be making their first, second and third choices during tutor time this week in order to start their option on Wednesday 12 September. During the tutor time they will be informed about each option before making their decision. Information about each activity is below.

Yours faithfully,

Mr H Neale
Enrichment and Teacher of PE and Science



Sea Cadets – Students will be able to develop their leadership skills, self-confidence, self-discipline and understanding of responsibility. Sea Cadets will have the opportunity to take part in a variety of new experiences, become a member of a team, improve confidence and develop new skills.

- **Commitment** – Students will develop self-discipline by taking pride in their own appearance, dress and behaviour.
- **Confidence** - A range of tasks (mainly unfamiliar) will be encountered by students that require quick judgement.
- **Challenge** - A variety of skills can be learnt by students including sailing, orienteering, first aid, catering, drill and many more.
- **Celebration** – Students can earn promotions by completing skill sets and showing excellent leadership qualities.

Sports Leaders Award – The Sports Leaders Award equips students with employability skills for life improving motivation, self-esteem, communication, team work and confidence. Leadership volunteering is a vital part of the award allowing young people to practice and build their skills to help them in employment and education.

- **Community** – Students will go into local primary schools to run sports sessions.
- **Confidence** – Students will lead groups of younger children.
- **Challenge** – Students will learn new leadership skills and will have to apply them to sessions they deliver.

Food Hygiene and Baking – Students will cook a variety of dishes in the DT kitchen while also completing a nationally recognised Food Hygiene qualification for working in a professional kitchen.

- **Commitment** – Students must stay committed to complete the curriculum to gain the qualification.
- **Confidence** – Students confidence in the kitchen will increase.

Language Leaders – Provides pupils with an opportunity to discover routes into learning different languages as well as planning and leading language activities to lead in local primary schools to Key Stage 2 students.

- **Community** – Students will go into local primary schools to run languages sessions.
- **Confidence** – Students will lead sessions to younger children.
- **Challenge** – To learn, plan and deliver sessions to primary school students.
- **Co-operation** – Through working in small groups when planning activities.

Care in the Community – Students will be trained to become a dementia friend and then will support others in the local community, by visiting a local care home and supporting in various activities.

- **Community** – Students will support others in a local care home by completing different activities.
- **Confidence** – Students working with their peers and members of the community.
- **Commitment** – Students being committed to providing a positive outcome in the community.

School Production – For the pupils to select this activity they will be showing the commitment and desire in performing in this year's school production. The sessions will involve promotion of the show through making posters and adverts as well as rehearsing. This activity will continue into lesson 7 after school to allow for more rehearsal time.

- **Challenge** – Students will be challenged through rehearsing and practicing in preparation for this year's school production.
- **Commitment** – Students will need to be committed by regularly attending rehearsals.
- **Co-operation** – Students will be working as a team to achieve a successful school production.

School Production Set Design – In this activity students will be designing and creating the set and the props for the school production.

- **Community** – Students will be supporting the other students in the school production.
- **Challenge** – Students will have the challenge of designing and creating the set to meet the needs and demands of the performance.

GCSE Dance – This is only for student who have chosen GCSE Dance as one of their subject options and is compulsory for GCSE Dance students. This will give students an opportunity to rehearse and practice in preparation for their assessments.

- **Commitment** – Students will be given this opportunity to further rehearse their performances.