

# Allergen Menu

MENU  
Week Two

	Dairy & Gluten Free	FOD MAP	Dessert
Monday	Shepherd's Pie with Cauliflower Cheese & Vegetable Medley	Shepherd's Pie with Cauliflower Cheese & Vegetable Medley	Vanilla Rice Pudding with Fruit Compote
Tuesday	Asian Lemon Chicken with Egg & Vegetable Fried Rice & Prawn Crackers	Asian Lemon Chicken with Egg & Vegetable Fried Rice	Chocolate Cookie, Vanilla Ice Cream or Sorbet with Fudge Sauce
Wednesday	Slow Cooked Beef Stew with Herby Tagliatelle	Slow Cooked Beef Stew with Herby Tagliatelle	Spotted Dick with Thick Vanilla Custard
Thursday	Roast Turkey Breast with Roast Potatoes, Sage & Shallot Stuffing, Carrots, Broccoli & Braised Red Cabbage, Cranberry Sauce	Roast Turkey Breast with Roast Potatoes, Sage & Shallot Stuffing, Carrots, Broccoli & Braised Red Cabbage, Cranberry Sauce	Raspberry Granola Bar with Yoghurt Frosting
Friday	Beer Battered Haddock with Chunky Chips & Petit Pois	Beer Battered Haddock with Chunky Chips & Petit Pois	Apple & Plum Pie with Chantilly Cream